## **SURVEY TIME MANAGEMENT – GUIDELINES**

## **The Surveyor**

- 1. Set SMART goals specific, measurable, attainable, realistic, and timely
- 2. Rank the urgency of daily tasks (A through F) and prioritize accordingly.
- 3. Plan tasks to minimize interruptions. For example, manage email in blocks of time, not throughout the day.
- 4. Don't procrastinate. Figure out why you do, and create incentives to stop.
- 5. Create a schedule that focuses on high-priority items and includes contingency time for unavoidable interruptions.

## **The Survey**

- 1. Be aware of the "80-20 Rule." Focus on the 20% that yields peak results.
- 2. Use effective scheduling to get more information out of your time.
- 3. Use goal setting and critical thinking to make your survey more efficient.
- 4. Use prioritization to target the most important tasks first.
- 5. Use an Activity Log to keep track of how you actually spend your time and monitor key concerns.
- Prioritize a "To-Do" list to make an Action Plan.
- Concentrate on results, not just on being busy.
- 8. Avoid procrastination, including the facility-assisted variety.